

NEWSLETTER No16 2013-2014 Mon 10th FEB
Wallsend RSL Athletic Club Wallsend RSL Little Athletic Centre
www.wallsendathleticsclub.org.au A.B.N. 70 859 060 841

CHANGE OF DATE for PRESENTATION
NOW SUNDAY 25th MAY at Diggers Wallsend

SPIKES OFF DON'T WALK AROUND IN SPIKES

TONIGHT

Club Pointscore Competition Round 6 Program 1

TRAINING

Thursday 5.30pm

REGIONAL at MINGARA

WAC 47 athletes qualified HAVE YOU TOLD OFFICERS YOU ARE GOING
WE NEED TO KNOW YES // NO

HAVE YOU NOMINATED FOR A CLUB JOB AT REGIONAL

We need

- (a) 1 x timekeeping with 5 x 2hour sessions Sunday ONLY
 - (b) 1 x finish line recorder in 2 hour sessions 6 x Saturday 5 x Sunday
 - (c) 2 only Relay Change judges for the Sunday Relays
- NO CLUB TENT AT REGIONAL we will take 2 Club Gazebos

PORT HUNTER ZONE CHAMPIONSHIPS...CERTIFICATE & RESULTS

Please collect Zone Certificates

LA U12 to U17 ATHLETES ARE ALL DUAL REGISTERED LA & ANSW

Please collect ANSW Numbers

WORKING WITH CHILDREN CHECK

All adults MUST complete a Working With Children Form If you have not signed off on a Form for this year please get a Form from the desk and complete the information required

RECORDS SET IN JANUARY 2014

U10 Girls	Taihna Skelton	60m Hurdles	11.7s
Master Men	Alan Povenzano	60m Sprint	8.1s

A REMINDER re TRACK RECORDS

If you feel you will set a new Club Record in any of the Track events PLEASE advise the timekeepers, we need to have two watches recording the time

Make sure you get the time signed off on the Events Sheet

LUCKY FARMER FAMILY

Congratulations to Jason Farmer WINNER of Clubs Officials January draw

SOME MINOR CHANGES TO CLUB WEEKLY PROGRAM

Monday 24th FEBRUARY after Regional and State Masters was to be **RAINBOW CHALLENGE EVENT NOW CANCELLED** (((due to washouts)))
WILL BE FULL POINTSCORE COMPETITION

Monday 17th MARCHwe will have added optional event
1 MILE HANDICAP RUN (handicap will be based on 1500m times)
PUT YOUR NAME ON SHEET AT TABLE IF YOU WANT TO COMPETE

What's On IN February 2014

SOUTHLAKES SUMMER CARNIVAL SAT 15th FEB
At Dora Creek Workers Club Oval STARTS First Call 3.15pm
Entry Forms at the Table

NSW MASTERS CHAMPIONSHIP at >> HUNTER SPORTS CENTRE<<
SAT SUN 22ND 23RD FEB....entry online.... paper entry form at table
Copy of Draft Timetable is available at Table

NSW OPER U23 CHAMPIONSHIP FRI – SUN 28th Feb – 2nd Mar
Sydney Olympic Park Homebush Bay

ANSWERS to last week's Teasers

THE PRICE IS RIGHT	MEN OUT OF WORK	A FOOT IN THE DOOR	THE TWO of US
LEFT/PRICE	EMPLOY	T DOFOOTOR	US US
MEN			

NOW TRY THESE LITTLE WONDERS

BA CK	HACASHND	LIENFEGS	TWIN
			TWIN

AND WHILE YOUR AT IT

THINK ABOUT THESE WORDS....THEY ARE ALL THE SAME WHY ??

BANANA DRESSER POTATO GRAMMER REVIVE ASSESS

(((still thinking about it..... Answer next week)))