

NEWSLETTER No17 2013-2014 Mon 17th FEB

Wallsend RSL Athletic Club Wallsend RSL Little Athletic Centre

www.wallsendathleticsclub.org.au

A.B.N. 70 859 060 841

TONIGHT

Club Pointscore Competition Round 6 Program 2

TRAINING

Thursday 5.30pm

REGIONAL at MINGARA...START LISTS NOW ... RESULTS ON DAY
Region 2 Championships entries now displayed on
Region Live Results website <http://www.littleresults.com/>
Results of event as completed online both days of Championship

GOING TO REGIONAL WE NEED TO KNOW YES // NO
MUM // DAD HAVE YOU NOMINATED FOR A CLUB JOB AT REGIONAL
(a) 1 x timekeeping with 5 x 2hour sessions Sunday ONLY
(b) 1 x finish line recorder in 2 hour sessions 6 x Saturday 5 x Sunday
(c) 2 only Relay Change judges for the Sunday Relays
NO CLUB TENT AT REGIONAL we will take 2 Club Gazebos

PORT HUNTER ZONE CHAMPIONSHIPS...CERTIFICATE & RESULTS

Please collect Zone Certificates

CHANGE OF DATE for PRESENTATION
NOW SUNDAY 25th MAY at Diggers Wallsend

Re Presentation.....GREAT BIG RAFFLE that afternoon

WE ARE ASKING FOR DONATIONS AS RAFFLE PRIZES,

can be brought to Club any Monday over next 5 weeks

CLUB FUNDRAISER

100 CLUB tickets go on sale tonight

WORKING WITH CHILDREN CHECK

All adults MUST complete a Working With Children Form If you have not signed off on a Form for this year please get a Form from the desk and complete the information required

SAFETY ISSUES

Canteen serves hot foods we have hot water urn and pie oven

**Health & Safety ruling Council say NO CHILDREN IN CANTEEN
AND ANOTHER SAFETY ISSUES**

SPIKES OFF DON'T WALK AROUND IN SPIKES

A REMINDER re TRACK RECORDS

If you feel you will set a new Club Record in any of the Track events PLEASE advise the timekeepers, we need to have two watches recording the time
Make sure you get the time signed off on the Events Sheet

A REMINDER re FIELD EVENT RECORDS

all Field Event Records MUST be checked by Club Officials on the night at the event site before jump marks or pegs removed

MINOR CHANGES TO CLUB WEEKLY PROGRAM

Monday 24th FEBRUARY after Regional and State Masters was to be **RAINBOW CHALLENGE EVENT NOW CANCELLED** (((due to washouts)))
WILL NOW BE FULL POINTSCORE COMPETITION

Monday 17th MARCHwe will have added optional event
1 MILE HANDICAP RUN (handicap will be based on 1500m times)
PUT YOUR NAME ON SHEET AT TABLE IF YOU WANT TO COMPETE

What's On IN February 2014

NSW MASTERS CHAMPIONSHIP at >> **HUNTER SPORTS CENTRE**<<
SAT SUN 22ND 23RD FEB....entry online.... paper entry form at table
Copy of Draft Timetable is available at Table

REGION 2 LITTLE ATHLETIC CHAMPIONSHIP Sat 22nd Sun 23rd FEB
At Mingara Sports Centre, all information re program uniform etc at Table

NSW OPER U23 CHAMPIONSHIP FRI – SUN 28th Feb – 2nd Mar
Sydney Olympic Park Homebush Bay

ANSWERS to last week's Teasers

BACK BREAKING	CASH IN HAND	MIXED FEELINGS	IDENTICAL TWINS
BA CK	HACASHND	LIENFEGS	TWIN
			TWIN

NOW TRY THESE

OHOLENE	000 circus	1 at 3.46	END
			END

and now the answer to the words question

BANANA DRESSER POTATO GRAMMER REVIVE ASSESS

Take the first letter put it at the end

ALL THE WORDS SPELL THE SAME BACKWARDS