

NEWSLETTER No 1-13/14 9th SEPT 2013

WALLSEND RSL ATHLETIC CLUB

WALLSEND RSL LITTLE ATHLETIC CENTRE

www.wallsendathleticsclub.org.au

A.B.N. 70 859 060 841

LETTER of WELCOME from CLUB PRESIDENT

It's great to see those smiling faces of athletes returning for another year of athletics with our Wallsend Club.

It's wonderful to see many new faces joining us for the first time,

I and the Club Officers sincerely hope you do enjoy your

Monday nights at Club competition. We are here to help you.

Should you have any concerns, any questions, any things you

think may go better; please speak to any of our Committee

Karren Watson, President Wallsend Athletic Club

WHAT'S ON TONIGHT

Tonight will be Round One... Program One

NOTE there will be delays with parents getting used to the system and athletes learning on the go how to do some events for the first time

Please be a little patient we will get there...thing will and do improve

WHERE DO I GO

event location maps up on the wall and there is a copy in each age folder

NEW COMPETITION SHEETS

Our Competition Sheets are now printed direct from the computer

All events are now shown on one page (with extra page for High Jump)

Please note...for throws PUT PEG NUMBER NEXT TO NAME..DONT LIST

PLACES... for track DONT WRITE HEATS or PLACES put TIMES ONLY

(the computer will work it all out for you)

We want feedback on the Competition Sheets how we can improve them

CLUB RECORDS

Remember all Records MUST be claimed on the night of performance

For Track have the sheets signed off by the Chief Timekeepers and

Field Events get a Club Officials to check the distances

Current Records are on our Website and will be update weekly during season

CLUB RELAYS.....this is a new one

Our Club has been going on for years we need to practice and do Relays

So this year we are introducing Relays as a Club event.

For U6 U7 U8 it will be a 30 metre Shuttle Relay using the Orange Race area

For U9 to Masters it's going to be a 200metre Relay using the 200m Hurdle marks

We aim to get our athletes used to running Relays and baton changes.

Were not setting up a regular team system... its 4 in a team and will possibly

Change every time... its boys its girls... it's getting teamwork

WHATS HAPPENED TO THE MEETING ROOM

End of last season we said next year we will have our Meeting Room finished well obviously its not been done. We have had problems with Council and plans and drawings which we think are all sorted, some Council paperwork to be completed before construction can commence.
We will have some disruption due to the site workings during the construction which we will put up with because the end result will be worth it

CLUB HANDBOOK

When you registered each athlete / family should have received our Club's 2013—2014 Handbook, if you didn't receive a copy please ask at the table

OUR 2012<>2013 YEAR

There are about 25 copies of last seasons 2012<>2013 Club Yearbook available, they cover the Clubs activities and athlete performances for the season, you are welcome to obtain a copy, there is no charge.

MONDAY BBQnot tonight Josephine

with big registrations line up...with many new people needing advice getting set up for competition and helping gets the program running smoothly no bbq tonight
next bbq night is Monday 23rd September..looking for volunteers

CLUB TRACK JACKETS AND POLO SHIRTS

We have a group of ladies now organising fundraising activities, presently having a Club Jacket selling for \$30 and Club Polo for \$20 they looking a Chocolate Variety Pack October/November working on a huge raffle heaps prizes to be drawn at our Gala Day 27th October

WHAT'S ON IN SEPTEMBER 2013.....

SAT - SUN 21st—22nd NSW Allschools Multi Championships

Will be conducted at Hunter Sports Centre Glendale, 9.00am start
You can enter online... athleticsnsw.org.au > competitions > online entry >
2-day U16 U18 U20 Decathlon Pentathlon 1-day Heptathlon U14
Entry fee \$20 per entry

WERE BACK

Here we go again those little teasers

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