

WALLSEND RSL ATHLETIC CLUB
WALLSEND RSL LITTLE ATHLETIC CENTRE

NEWSLETTER No. 17/2018-19 28th JANUARY 2019

TONIGHTS COMPETITION ROUND 5 WEEK 3

TRAINING THIS WEEK BACK TO THURSDAY 5.30pm to 6.30pm

CHICKEN POX WARNING

Hi Bob,

Confirmed case of chicken pox in under 8 girl. Mum emailed club wanting to warn others. Rob will add below to Facebook today but also thought should go in newsletter.

Dear athletes and families, there has been a confirmed case of chicken pox in one of our junior athletes. They would have been infective on the 21st January before symptoms appeared. The normal incubation period is 10-21 days and those most at risk are the unimmunised and immunosuppressed. For further information on chicken pox refer to hnekids fact sheets available online.

Lee

COST OF LA ATHLETICS AT REGIONAL

Hunter Sports Centre has increased charges heavily to meet their current costs....on the basis of the known number of LA who will be attending it works out at \$15.00 per athlete, so all Centres have to pay that cost per athlete who qualified. No Gate Charge all FREE

Wallsend Centre have paid our Centre cost, the cost is being subsidised by Port Hunter Zone of \$3 per athlete Wallsend paying the \$12 per athlete balance. At Club meeting Committee agreed to cover \$7 of this cost and ask all parents of LA attending LA Regional to assist by paying \$5 per athlete of their family competing.

Sorry about this... its one of those increasing prices sneaking in.

PLEASE PAY \$5.00 per athlete competing at Regional to the Centre officers at the table... TONIGHT

ALMOST TOO HOT

Know the weather over the weekend was very hot, but we must express our thanks to the officials at Country Championships who battled through trying conditions so the competition continued

EQUALLY

a great effort by our athletes and all athletes who did compete, they were not pleasant conditions ""TO ALL THE ATHLETES WELL DONE""

CLUB MEETING THIS FRIDAY

Our February General Committee and Club Meeting is this Friday 1st February at Diggers Wallsend, all Welcome to attend

WALLSEND GALA A COMMITTEE EXPRESSION OF INTEREST

It has been suggested we have a Wallsend Gala Committee to ease the workload on the current three organisers.

We are calling for expression of interest from any Club Parent or Athlete who maybe be interested in helping,

we expect the Committee to be formed at our Club March 2019 Meeting

WERE BACK!!!!

**FOOTBALL BILL ED DAY THE FROM
TO**