WALLSEND RSL ATHLETIC CLUB WALLSEND RSL LITTLE ATHLETIC CENTRE

NEWSLETTER No. 20/2018-19 18TH FEBRUARY 2019

TONIGHTS COMPETITION ROUND 6 WEEK 3

TRAINING THIS WEEK THURDAY 5.30pm to 6.30pm

CLUB PRESENTATION

DATE SET FOR OUR SEASON PRESENTATION & AWARDS EVENING

IS SUNDAY 28TH APRIL 2019 at DIGGERS WALLSEND STARTS 3.00pm

LA REGION 2 CHAMPIONSHIP

Received the full list of Centres Region 2 results we had 39 athletes entered with 37 competing at the Championship, for 5 First, 7 Second and 9 Third placings overall our Centre has 10 athletes gaining State qualifications We repeat, "A BIG THANK YOU" to our Officials and Parents who helped conducting events and Region duties. Help most appreciated

BUNNINGS BBQWe need helpers for 2 hour sessions NEXT SUNDAY 24TH FEBRUARY at Bunnings Wallsend

Need help 2 hour time periods roughly (8-10..10-12..12-2..2-4)

if you can help out, PLEASE advise Officers at the table

STILL CHASING STARTERS & TIME KEEPERS
TWO - THREE PARENTS PREPARED TO TRY STARTING
TWO - THREE PARENTS TO TRY TIMKEEPING
((for 30 minutes that would be great, we will show you what to do))

A QUESTION FOR PARENTS

<u>our break up Christmas night last year with novelty events and Santa visit had a very poor roll up WHY?? love some answers.</u> Please tell Officers at Table

WALLSEND GALA A COMMITTEE EXPRESSION OF INTEREST

We are calling for expression of interest from any Club Parent or Athlete who maybe be interested in helping in the organising our Club Gala Day most things are sort of already in place, need some fine tuning, and rearranging we expect the Committee to be formed at our Club March Meeting

WHATS ON

NSW STATE JUNIORS CHAMPIONSHIP

Fri-Sat-Sun 22-23-24 February Sydney Olympic Park Athletic Centre

NSWLA STATE MULTI CHAMPIONSHIP

Sat-Sun 2 – 3 March, Barden Park Dubbo

NSW MASTERS THROW PENTATHLON

Sat 2 March, Campbelltown Sports Stadium

NSW SENIOR T&F CHAMPIONSHIP

Fri-Sat-Sun 8-9-10 March SOPAC

NSW STATE LITTLE ATHLETIC CHAMPIONSHIP

Fri-Sat 16-17 march SOPAC

ANSWERS TO LAST WEEK TEASERS

ROBIN HOOD REVERSE BACK IN PARADOX

. STRATEGY MINUTE

HOROBOD YGETARTS ETUNIMANI Dr.Dr.

WELL DONE LET'S SEE HOW YOU GO WITH THESE

WRITING INILT RCAAERG DOFOOTOR