

**WALLSEND RSL ATHLETIC CLUB  
WALLSEND RSL LITTLE ATHLETIC CENTRE**

**NEWSLETTER No. 22/2018-19 4TH MARCH 2019**

**TONIGHTS COMPETITION ROUND 7 WEEK 2**

**TRAINING THIS WEEK THURSDAY 5.30pm to 6.30pm**

**<><><> BBQ TONIGHT <><><>**

Winners of competition helpers Please collect bbq prize tonight  
M Vogt U11F            Liam Estall U10M        R Bragg U13F  
Janine Morrison U9F Lee Cheetham U7F    Lisa Goeldner U15F

**CLUB PRESENTATION ##### FORMS OUT TODAY**

SEASON PRESENTATION & AWARDS EVENING IS **SUNDAY 28TH APRIL**  
at **DIGGERS WALLSEND** STARTS DOORS OPEN 5.15pm be seated by 5.45pm  
PRESENTATION COMMENCES AT 6.00pm

**Please TAKE FORM RETURN BY 18 MARCH**

<p><b>PERPETUAL TROPHY WINNERS</b> for last season we ask that the Perpetual Trophy Winners of Last season return the major trophy over the next two weeks</p>
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**STILL CHASING STARTERS & TIME KEEPERS**

**TWO - THREE PARENTS PREPARED TO TRY STARTING**

**TWO - THREE PARENTS TO TRY TIMKEEPING**

**((for 30 minutes that would be great, we will show you what to do))**

**NOTICE of ANNUAL GENERAL MEETING**

**Wallsend Athletic Club Incorporated**

**Annual General Meeting will be held on 3rd May  
2019 at Diggers Wallsend to commence at 7.30pm**

**Nomination Forms for positions of Club Executive & Club  
Officers are available at the table**

## **HUNTER SPORTS CENTRE 20 YEARS CELEBRATION**

HSC has completed 20 years providing athletic competition, they have produced a badge to cover the occasion...all Wallsend athlete who competed at Regional were to receive badge ...they available at the Officers table

## **WHATS ON**

### **NSW MASTERS THROW PENTATHLON**

Sat 2 March, Campbelltown Sports Stadium

### **NSW SENIOR T&F CHAMPIONSHIP**

Fri-Sat-Sun 8-9-10 March Sydney Olympic Park

### **NSW STATE LITTLE ATHLETIC CHAMPIONSHIP**

Sat-Sun 16-17 March Sydney Olympic Park

## **ANSWERS TO LAST WEEK TEASERS**

FOUL LANGUAGE

HARD TIMES AHEAD

FEET FIRST

**QUACK QUACK**

**HARDXAHEAD**

**FEET**

**CLUCK CLUCK**

**HANDS**

**FACE**

**GOING GREAT** let's have a go at these

**▪BESIDE**

**1,2,3,4,BLESSING**

**ROT 8**