

**WALLSEND RSL ATHLETIC CLUB
WALLSEND RSL LITTLE ATHLETIC CENTRE**

NEWSLETTER No. 06/2018-19 22nd OCTOBER 2018

TONIGHT >>> ROUND TWO >>>> WEEK TWO

ARE YOU WEARING YOUR REGISTRATION NUMBER

every Club/Centre member has A REGISTRATION NUMBER AND YOU ARE REQUIRED UNDER CLUB RULES TO HAVE THAT NUMBER ON YOUR UNIFORM

THIS WEEK WE WILL START A CLAMP DOWN ON ALL MEMBERS BOTH SENIOR AND LITTLE A NOT IN UNIFORM & NUMBER

**WALLSEND CLUB GALA NEXT SUNDAY here at Federal Park
. WE NEED HELP IN RUNNING THE BBQ AND CANTEEN
. PLEASE FILL IN A ONE HOUR TIME YOU CAN HELP**

WALLSEND GALA ENTRY AT TABLE >>>> NEED TO COMPLETE FORM TONIGHT

LA RELAY TEAMS FOR ZONE CHAMPIONSHIPS

the following athletes are invited as part of our Centre Relay Team for Zone

Junior Girls

U9 Ella Morrison

U10 Marli Brunckhorst

U10 Emila Gumprecht

U12 Kendra Pugh

Senior Girls

U13 Madison Bragg

U13 Abigail Spannenberg

U14 Jasmine Craft

U17 Tiahna Skelton

Junior Boys

U9 Jake Kane

U10 Joel Estall

U11 Reuban Smith

U12 Hayden Vardy

Senior Boys

U13 Xander Halverson

U14 Josh Dollin

U15 Ahmed Ali

U17 Riley Woods

YOU NEED TO ADVISE ROB BROWNE 042033479 you can compete

TRAINING with Daylight Saving

General Club training Thursday starting from 5.30pm to 6.30pm, no need to wear Club uniform, any top and shorts will do.

CHILDREN LEFT AT PARK –UNATTENDED

NO CHILD is to be left at the Park unattended,
as a Parent / Guardian it is your responsibility to ensure your child's safety
Wallsend Athletic Club is not a Baby Sitting Child Minding Centre

the CALENDAR

SUNDAY 28 OCTOBER WALLSEND CLUB GALA DAY
entry Forms at table, can enter on line or hand in entry to table

SUNDAY 4 NOVEMBER EDGEWORTH CHALLENGE
dont have details will have Edgeworth Forms available at Gala

SATURDAY 10 NOVEMBER EAST LAKES CARNIVAL

SUNDAY 11 NOVEMBER PORT HUNTER ZONE LA MULTI
on at VI Barnett Oval Raymond Terrace Can only enter by Centre entry
Club pays entry fee, see Officers at table

SATURDAY 17 NOVEMBER RAYMOND TERRACE TWILIGHT PENTATHLON
REVISED date for cancelled carnival, for Under 6 to masters
entry forms, event details, at Table

ANSWERS TO LAST WEEKS LITTLE PROBLEMS

HALF BROTHER ONE AT A TIME FEET FIRST ENDLESS LOVE

Brot 1 at 3.46 Feet-Hand-Face LOV

getting easierwell try these

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